

**Awakening to Spiritual Integration in Psychotherapy Program References
and
Recommended Readings**

Anderson, G. (1999). *Lessons from the light: Extraordinary messages of comfort and hope from the other side*. New York, NY: Berkley Books.

Arewa, C. S. (1998). *Opening to spirit: Contacting the healing power of the chakras & honouring African spirituality*. Hammersmith, London: Thorsons.

Aten, J. D. & Leach, M. M. (2009). *Spirituality and the therapeutic process: A comprehensive resource from intake to termination*. Washington, DC: American Psychological Association.

Avila, E. (1998). *Woman who glows in the dark: A curandera reveals traditional Aztec secrets of physical and spiritual health*. New York, NY: Jeremy P. Tarcher/Putnam.

Cervantes, J. & Parham, T. (2005). Toward a Meaningful Spirituality for People of Color: Lessons for the Counseling Practitioner. *Cultural Diversity and Ethnic Minority psychology, vol. 11, no. 1*, 69-81.

Csordas, T. J. (2005). Foreword in Moodley, R. & West, W. *Integrating traditional healing practices into counseling and psychotherapy*. Thousand Oaks, CA: Sage Publications.

Frank, J. D. (1961). *Persuasion and Healing: A Comparative Study of Psychotherapy*. New York: Schocken Books.

Hay, D. & Nye, R. (1998). *The Spirit in the Child*. London: HarperCollins.

Lines, D. (2006). *Spirituality in counselling and psychotherapy*. Thousand Oaks, CA: Sage Publications.

McNeill, B. W. & Cervantes, J. M. (2008). *Latina/o Healing Practices: Mestizo and Indigenous Perspectives*. New York, NY: Routledge Taylor & Francis Group.

Guillén, L. O. & Patel, N. (2009). SJSU Multicultural Training Day

- Moodley, R. & West, W. (2005). *Integrating traditional healing practices into counseling and psychotherapy*. Thousand Oaks, CA: Sage Publications.
- Pedersen, P. B., Draguns, J. G., Lonner, W. J. & Trimble, J. E. (2008). *Counseling across cultures*. Thousand Oaks, CA: Sage Publications.
- Sue, D.W., Arredondo, S. P. & McDavis, R. J. (1992). Multicultural competencies/standards: A call to the profession. *Journal of Counseling & Development*, 70, 477-486.
- Tolle, E. (2005). *A new earth: Awakening to your life's purpose*. London, England: Plume.
- Torrey, E. F. (1983). *The mind game: Witchdoctors and psychiatrists*. New York: Jason Aronson.
- Walsh, F. (1999). Religion and spirituality: Well-springs for healing and resilience. In F. Walsh (Ed.), *Spiritual resources in family therapy* (pp. 3-27). New York: Guilford Press.
- West, W. (2004). *Spiritual issues in therapy: Relating experiences to practice*. New York, NY: Palgrave Macmillan.
- West, W. S. (1996). Using human inquiry groups in counseling research. *British Journal of Guidance and Counselling*, 24, 247-355.
- Yeh, C. J., Hunter, C. D., Madan-Bahel, A., Chiang, L. & Arora, A. K. (2004). Indigenous and Interdependent Perspectives of Healing: Implications for Counseling and Research. *Journal of Counseling & Development*, vol. 82, 410-419.
- Vega, M. M. (2000). *The Altar of my soul: The living traditions of Santería*. New York: Ballentine Publishing Group.
- Yogananda, P. (1946). *Autobiography of Yogi*. Los Angeles: Self-Realization Fellowship.